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The role of imaging in endodontics

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Key points

Dental imaging is a fundamental tool in endodontics, used for diagnosis, treatment planning and review of endodontic outcomes.

Intra-oral periapical radiographs remain the most common imaging modality used in endodontics and should be used in conjunction with electronic apex locators.

Low-volume cone beam computed tomography (CBCT) provides 3D information on root morphology and surrounding structures. Due to the higher radiation dosage relative to conventional dental imaging techniques, CBCT is normally used for the more complex endodontic cases.

Abstract

Dental radiography is an essential tool in endodontics for determination of diagnosis, treatment planning and monitoring of treatment outcome. Conventional two-dimensional imaging remains the most commonly used and the standard method of radiographic imaging in endodontics due to accessibility and low radiation exposure. The use of cone beam computed tomography is increasing worldwide due to the benefits of three-dimensional visualisation of the teeth under investigation and surrounding structures. Its use, however, should be considered on a case-by-case basis, taking into consideration the benefits and increased dose of radiation in line with published guidelines.

Introduction

Dental radiography is essential in endodontics for diagnosis, treatment planning and monitoring outcomes. Currently used imaging modalities in endodontic practice include intra-oral periapical (IOPA) radiography and cone beam computed tomography (CBCT). The IOPA is the most commonly used imaging technique in endodontics due to accessibility (availability and cost) within the dental surgery, simplicity (training and reporting) and low dose of radiation. CBCT is an important imaging modality in endodontic practice, with enhanced benefits in both diagnosis and treatment planning.¹ This paper aims to summarise the applications of radiology in endodontics, with a specific focus on intra-oral radiographs and CBCT imaging.

Dental radiography in endodontic diagnosis and treatment planning

The standard imaging technique in diagnosis and treatment planning in endodontics is an IOPA radiograph, which should be taken

following a dental history and a clinical assessment to justify the exposure. The ideal periapical radiograph should be taken using a paralleling technique to display optimal image geometry of the tooth in question and at least 3 mm of periapical bone to allow



Fig. 1 a) Discharging sinus adjacent to the lower right second molar 47 (responsive to cold testing). b) Size 20 gutta-percha point inserted into the sinus. c) IOPA of the image in (b) showing the gutta percha point tracking to the peri-radicular lesion of the lower right first molar (46)

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adequate assessment of the apical status. IOPA radiographs provide essential information about the pulp, root canal anatomy and the peri-radicular tissues that may contribute to the diagnosis and treatment planning. For example, in Fig. 1a, where a discharging sinus in relation to a chronic endodontic infection was detected adjacent to the lower right second molar, a gutta-percha point (Fig. 1b) was inserted to trace the sinus before exposing the radiograph. Occasionally, a draining sinus may present some distance away from the infected tooth; therefore, the gutta-percha point will trace the sinus back to the original source of infection. Loss of continuity of the lamina dura, and development of a periapical radiolucency as seen in Fig. 1c, are typical radiographic signs of apical periodontitis.

IOPA radiographs remain the standard and first line radiographic investigation of an endodontically involved tooth. This is due to their relatively low dose of radiation, relatively high image resolution and accessibility in terms of cost, size of equipment, and technique simplicity (training) and interpretation (reporting). In addition to the paralleling technique, for teeth with multiple roots and/or canals, a parallax rule involving a second image with the x-ray tube shifted in a 10–20 degree in the mesial or distal horizontal angle can be used to determine the root canal anatomy.² This may allow the separation of the root canals and eliminate overlap of anatomical structures. Figure 2 illustrates the parallax technique revealing complex anatomy. A vertical shift may also be used, for example, when taking an upper anterior occlusal radiograph. This view may assist in the diagnosis of dental trauma in detecting oblique fractures which, depending on the x-ray beam angulation, may not be visible on an IOPA. It may also be useful for the detection of unerupted teeth and large apical lesions, the full extent of which may not be fully visible on an IOPA (Fig. 3).³ In specialist and hospital settings, however, occlusal views are becoming superseded by ‘small field of view’ CBCT. The majority of cases seen in such tertiary referral centres are of a complex nature, often requiring 3D imaging.

Advanced imaging may be required when a diagnostic yield from a conventional dental radiograph does not provide sufficient useful information. CBCT is an advanced imaging system that provides visualisation of the dentition and the surrounding anatomical structures in three dimensions. This comes

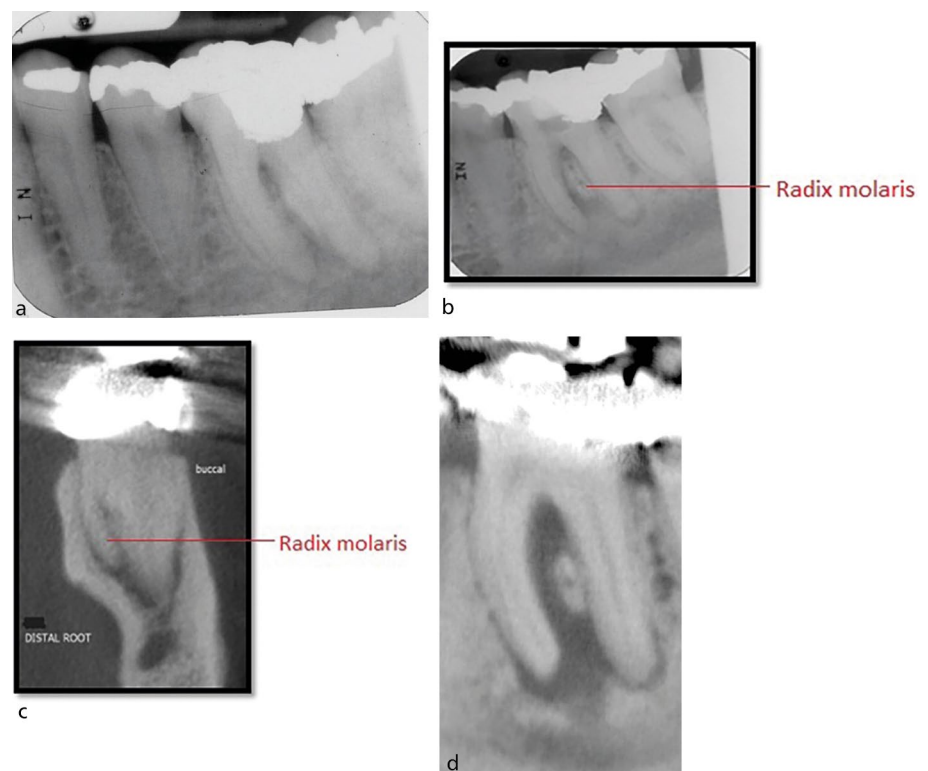


Fig. 2 a, b) Showing a lower left first molar (36) using paralleling technique and an angled IOPA radiograph revealing evidence of a radix molaris. More information was required before commencing endodontic treatment in this case and hence a low volume CBCT of the 36 was taken which confirmed the complex anatomical features. c, d) Coronal view and sagittal view

Table 1 Comparison of effective dose from different dental radiographs and one day background radiation^{4,5}

Radiation	Effective dose μ SV
Background radiation/day in the UK	7
Intra-oral x-ray	5
Panoramic	20
CBCT small	148
CBCT medium	177
CBCT large	212

at an increased cost to the patient in terms of radiation, the provider in terms of surgery space plus equipment and maintenance fees, and the operator in terms of additional training in taking, interpreting and reporting on 3D images. Table 1 provides a comparison of effective doses from different dental radiographs compared to one day of background radiation.^{4,5} As a part of the justification process, the clinician must consider the potential benefits in diagnosis and treatment planning when using CBCT versus the risks of increased radiation exposure complying with the ALADAIP (As Low As Diagnostically Acceptable being

Indication-orientated and Patient-specific) principle.⁶ The European Academy of Dentomaxillofacial Radiology recommends two levels of training for clinicians involved in the application of CBCT.⁷ Level 1 (core course): intended to train dentists in the skills required to justify and prescribe a CBCT examination and understand the reported images; and Level 2: a more advanced level, including interpreting and reporting on CBCT images. The European Society of Endodontology (ESE) issued a position statement on the use of CBCT in endodontics.⁸ It recommended a field of view (FOV) of $<5 \times 5$ cm focused on the area of interest in selected cases, following a detailed



Fig. 3 a, b, c) Series of periapical radiographs showing radiolucency related to apices of the 11, 12, and 13. d) Maxillary occlusal radiograph showing a large non-corticated radiolucency in relation to the apices of the 11, 12, 13, and 14 in a patient with a history of trauma to the anterior teeth. This case was of a complex nature requiring surgical intervention and a CBCT was needed for planning purposes. e, f) The CBCT images, sagittal view and coronal view clearly demonstrate the extent of the lesion

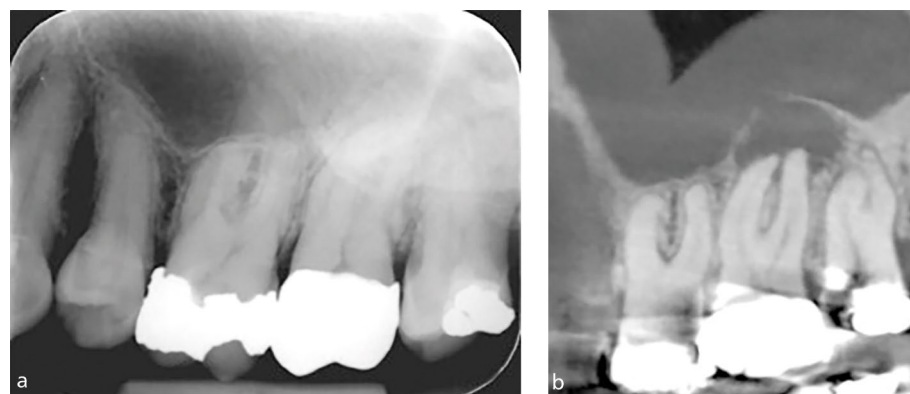


Fig. 4 Patient presented with symptoms of apical periodontitis with clinical tenderness to percussion from all three extensively restored molars. No other clinical signs of inflammation were detected and pulp testing was inconclusive. a) The periapical radiograph did not show any clear evidence of pathology; the area of interest is masked by the zygomatic arch. b) A small FOV CBCT revealed a large periapical radiolucency associated with the 27

clinical examination, including a conventional radiograph. A small FOV reduces the level of radiation exposure, as well as streak- and beam-hardening artefacts, which may affect the quality of the image.

CBCT has been found to be more accurate than IOPA radiographs in detecting

periapical radiolucencies.⁹ Superimposition of anatomical structures may hide early signs of periapical radiolucency, leading to difficulties in diagnosis, for example, when clinical signs and symptoms are not consistent.^{10,11} CBCT helps overcome these challenges by providing a volume of the FOV which can be analysed

in different planes, allowing earlier diagnosis, treatment and potential improved prognosis (Fig. 4). A clinical study reported that 28% more periapical lesions were detected with CBCT compared to IOPA radiographs.¹²

It is important that radiographic findings are used in conjunction with the patient's history of symptoms and clinical examination, for example, sensibility testing when making a diagnosis. Figure 5 shows a case of florid cemento-osseous dysplasia (FCOD). All teeth tested positive with both cold and electrical pulp testing, and endodontic treatment was, therefore, not indicated. Instead, the patient was kept under review; if the teeth become necrotic, endodontic treatment may become necessary.¹³

CBCT 3D imaging provides more information on the teeth with complex anatomy, such as those with a dens invaginatus (Fig. 6).

CBCT is also more accurate than IOPA radiographs in identifying missed anatomy (Fig. 7). It has been reported that only 8% of second mesiobuccal (MB2) canals were identified using conventional radiographs, compared to 54% with CBCT imaging.¹⁴

IOPA radiographs can also be used to determine the complexity of curvature of canals through measurement of root angulation, which can be determined by drawing a line passing through the apical one-third of the canal and the long axis of the tooth (Fig. 8). Canal morphology can be classified as slight or no curvature ($<10^\circ$), moderate curvature ($10-30^\circ$), or extreme curvature ($>30^\circ$) based on the American Association of Endodontists' Endodontic case difficulty assessment form and guidelines.¹⁵

CBCT provides information in the bucco-lingual plane that cannot be provided by an IOPA 2D periapical radiograph, for example, 'hidden' curvatures (Fig. 9), perforations (Fig. 10) and post alignments (Fig. 11). Note the presence of scatter radio-opaque and beam-hardening radiolucent artefacts may affect image interpretation and diagnosis (Fig. 11a).

The extent of root resorption is often underestimated using conventional 2D imaging, particularly when the lesion extends deep in the bucco-palatal/lingual dimension. For example, it may be difficult to determine the origin and the true nature of the type of resorption without identifying the portal of entry, which may not be visible on a periapical radiograph (Fig. 12, Fig. 13). Classification



Fig. 5 a) IOPA radiograph of lower incisors showing a mixed radiolucent-radiopaque appearance of the lesion located at the apices of the lower anterior teeth. The lamina dura associated with the 31, 41 and 42 are lost. All teeth tested positive with sensibility testing and a diagnosis of FCOD made. Endodontic treatment is not indicated. The teeth are vital. b) IOPA radiograph of the 35 and 36 (same patient as Figure 5a) showing a large radiolucent area in relation to apices of 35 and also 36. The 35 distal restoration has secondary caries. Both teeth tested positive with sensibility testing, further confirming a diagnosis of FCOD. Endodontic treatment is not indicated. The teeth are vital

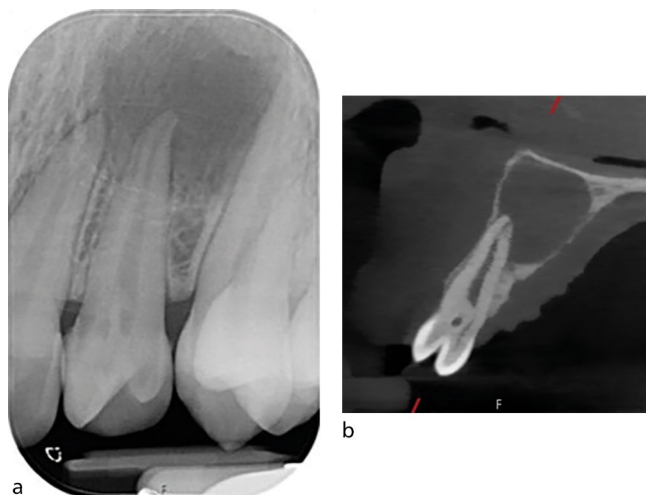


Fig. 6 a) IOPA showing the 22 with a dens invaginatus (Oehlers' Classification Type I) and talon cusp. b) Sagittal view from CBCT of the same tooth showing the full extent of the lesion

systems used for external cervical resorption (ECR) can help to determine prognosis and treatment of these lesions.¹⁶ A more recent classification of ECR is based on 3D images¹⁷ and in addition to the pulpal involvement and depth, also considers the circumferential spread of the lesion.

CBCT may reveal a pattern of bone loss along a vertical root fracture (VRF) which otherwise may not be visible on a IOPA radiograph, particularly if the bone loss is along the buccal or lingual/palatal surface. However, unless there is some displacement of root fragments, a crack will not be visible

radiographically. Furthermore, beam-hardening radiolucency and scatter due to streak artefacts associated with radio-opaque materials, such as root fillings or metallic posts (Fig. 11b), may be misinterpreted as fracture lines. Therefore, at present, there is insufficient evidence to advocate the use of CBCT in routine detection of VRFs.¹⁸

In order to optimise the diagnostic yield from periapical radiographs, clinicians need to adhere to quality standards as outlined in the European Guidelines.¹⁹ In brief, this encompasses: i) evidence of optimal image geometry; ii) correct anatomical coverage;

iii) good density and contrast; iv) adequate number of radiographs; and v) adequate image processing. All IOPA radiographs should be taken with x-ray holders as routine practice. There are currently three types of intra-oral image receptor which can be used for endodontic imaging: i) dental film (the use of which is decreasing in the United Kingdom); ii) solid-state digital sensors (produce an instantaneous image but can be challenging in patients with limited opening); and iii) photostimulable phosphor plates, commonly used due to the comparative similarity to dental film but are prone to damage from nail marks and creases (Fig. 14). There are also a number of image artefacts in relation to CBCT. These artefacts can interfere with the diagnosis and clinicians should, therefore, be aware of their occurrence.²⁰ CBCT artefacts include: i) inherent artefacts, arising from the limitation of the process involved in the acquiring of CBCT data, which can be beam geometry of the CBCT, reduced trajectory rotation area and image reconstruction; ii) procedure-related artefacts, for example, misalignment of the x-ray source to the image detectors creating a double contour artefact, similar to patient movement; iii) introduced artefacts resulting in beam hardening (Fig. 11b) and; iv) patient movement, appearing as double contours in the final CBCT image.

IOPA radiographs may be used during endodontic treatment to assist in the following situations: assessing the angulation of access; working length determination in conjunction with electronic apex locators; identification of possible complications; assessment of the canals following completion of instrumentation; and confirmation of appropriate extension of master cones prior to obturation.

The working length is determined by measuring the distance from the coronal reference point to the apical constriction using an electronic apex locator (EAL). There are a number of limitations in determining the working length radiographically, including: additional radiation to the patient; challenges in film positioning (and beam angulation), particularly in patients with exaggerated gag reflex, resulting in distortion, elongation or shortening; lack of 3D representation; superimposition of roots; and lengths based on the radiographic apex rather than the apical constriction with interpretation variability.

An EAL uses two or multiple frequencies to measure the impedance to determine the location of the apical constriction.²¹ EALs have been shown to be more accurate at determining the position of the apical constriction than working length radiographs.²² Therefore, when consistent readings are obtained using an EAL, a working length radiograph may not be required, reducing the radiation burden to the patient.

A radiograph for working length confirmation is recommended when it is not possible to achieve consistent EAL readings, for example, in cases with large or loss of apical constriction due to incomplete root development (Fig. 15a) or resorption (Fig. 15b), in teeth with complex anatomy, and when the apex is in close proximity to important anatomical structures, such as the mental foramen. Figure 16 shows a series of radiographs taken during endodontic treatment of an upper tooth with complex anatomy.

In multirooted teeth, a mesial or distal horizontal shift of the x-ray tube can be used when taking a working length radiograph, allowing visual separation of the canals. Furthermore, different cross-sectional design of files can be used to distinguish the differing root canals that may lie in the line of the radiograph (Fig. 17). A tube shift technique can help reduce the number of radiographs taken to determine working length of all root canals, which otherwise must be adequately justified considering the additional radiation burden to the patient.²³

CBCT may also be used during endodontic treatment. For example, CBCT imaging has a higher sensitivity to detect narrow or calcified canals which can assist with location of canals and reorientation of access (Fig. 18). The limit to which a canal can be detected depends on the resolution of the scan, which is proportional to the voxel size. Typically, voxel size can be as low as 0.07 mm, theoretically detecting canals as small as a size 8k file/0.08 mm in diameter.²⁴

A cone fit radiograph is an important additional step in endodontic treatment, which allows the clinician to adjust the length of the cone in a case of under- or over-extension. On occasions, errors in the preparation may be detected at the cone fit stage (Fig. 19).

CBCT may be useful in the planning of complex surgical cases, including large lesions and those in close proximity to important anatomical structures.⁸ For example, in multirooted teeth, CBCT can be used to identify and target the roots

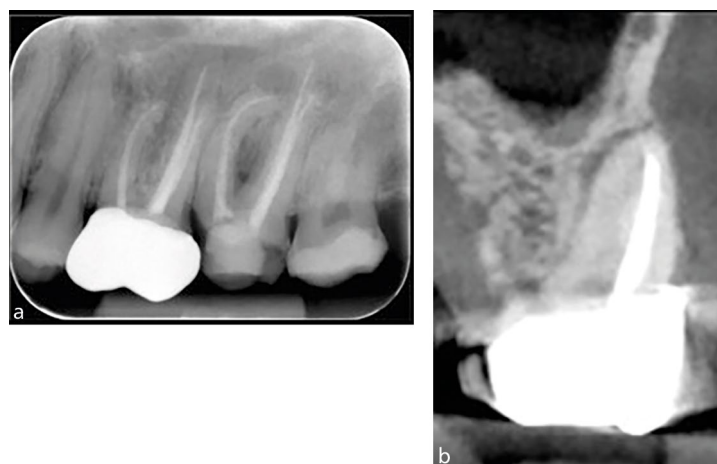


Fig. 7 Patient presented with symptomatic upper left first molar (26), with tenderness on palpation above the mesio-buccal root. a) IOPA radiograph of endodontically treated 26 and 27. b) CBCT coronal view of the mesio-buccal root of the 26 showing the root canal filling is off centre, untreated MB2, and periapical radiolucency

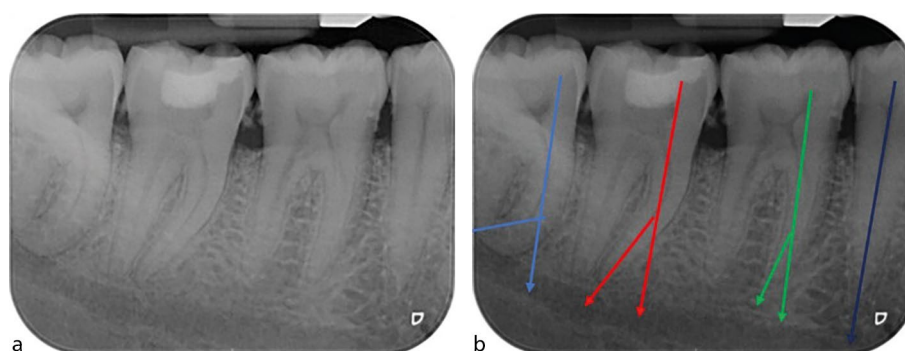


Fig. 8 a) Periapical view of the lower right second premolar, first second and third molars. b) Estimation of canal curvature, left to right; extreme (light blue), moderate (red), slight (green) and straight canal (dark blue). The angle is formed at the intersection of the two lines

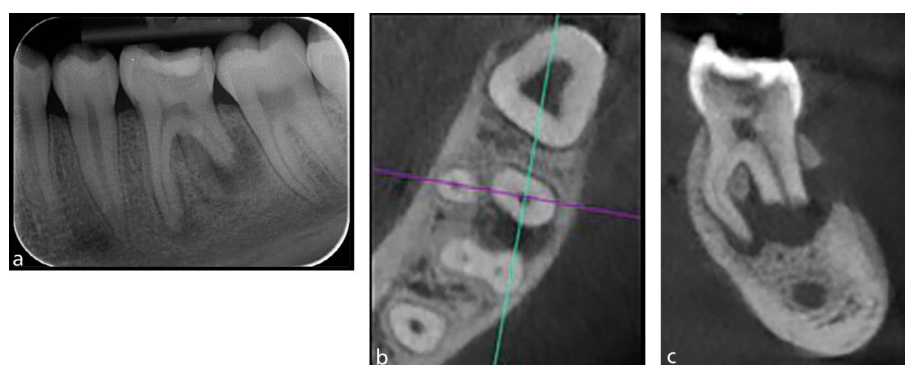


Fig. 9 a) IOPA radiograph showing inflammatory resorption of the distal root of the 36 and periapical radiolucency of mesial and distal canals. b) CBCT axial slice showing the extent of the lesion, perforating the buccal cortical plate. c) Coronal view revealing severe curvature of the disto-lingual canal in the bucco-lingual plane which is not evident on the IOPA radiograph

that are specifically affected with periapical periodontitis (Fig. 20). The extension of the lesion can be clearly identified to assist in planning a flap that will allow full access to the surgical site. Furthermore, proximity of

the roots to important anatomical structures, such as the maxillary sinus or mental foramen, can be clearly visualised to assist the clinician in their approach with root end resection safely.

Dental radiography in the assessment of technical and biologic outcome of root canal treatment

An IOPA radiograph should be taken immediately following the completion of root canal treatment to assess the technical quality (extension and adaptation) of the root canal filling. Additionally, it provides a baseline image for subsequent monitoring and evaluation of the treatment outcome. The outcome is determined following assessment of patient symptoms and clinical and radiographic examination. The ESE guidelines²⁵ recommend that an IOPA is taken annually until complete healing of the periapical tissues, or up to four years where persistent lesions are considered to be associated with post-treatment disease (Fig. 21, Fig. 22).

CBCT is more accurate at detecting the presence of periapical lesions compared to IOPA radiographs.^{9,12} While CBCT is superior in evaluating the radiographic outcome of endodontic treatment, at present, there is insufficient evidence to advocate its use routinely for monitoring of treatment outcomes. However, its use may be considered in cases where symptoms persist and conventional radiographs fail to yield diagnostic information.²⁶ A recent systematic review reported that CBCT was twice as likely to detect periapical lesions than IOPA radiographs and therefore, CBCT should be considered when conventional radiographs are inconclusive.²⁷ It has also been shown that CBCT images selected on the basis of the European Commission guidelines developed by SEDENTEXCT project²⁸ had a significant impact on diagnosis and treatment planning of the more complex endodontic cases, but CBCT may also have little value in a substantial number of cases.^{29,30} We have attempted to illustrate the value of CBCT in certain selected endodontic cases, including complex anatomy, difficult diagnoses, pre-surgical planning and ECR cases. A recent systematic review similarly concluded that additional information from CBCT imaging influenced endodontic treatment decision-making in high-difficulty cases.³¹

The future

Magnetic resonance imaging (MRI) is a non-invasive and non-ionising radiation imaging modality which is currently being researched for use in dentistry.³² Dental-dedicated MRI (ddMRI) is a new system which tailors hardware, software and workflow for dentomaxillofacial

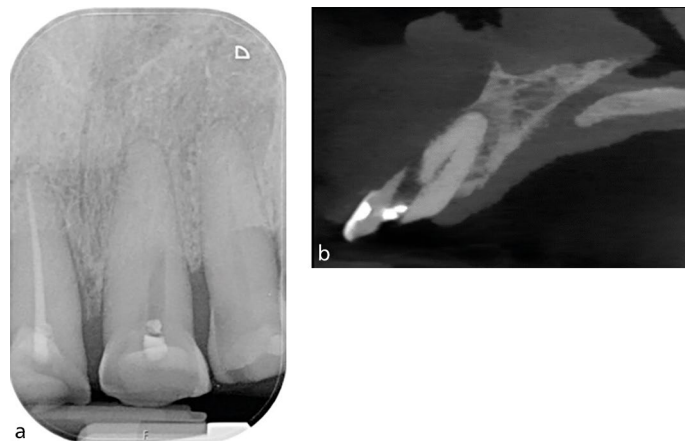


Fig. 10 a) IOPA showing an attempted access of a calcified canal, tooth 21. b) CBCT sagittal view of the tooth showing a large labial perforation rendering the tooth non-restorable

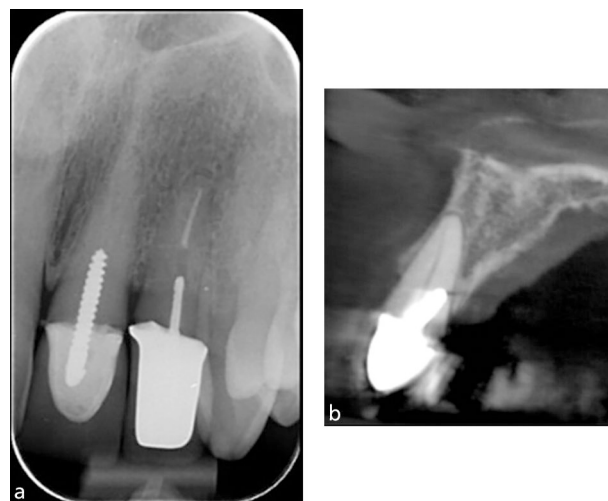


Fig. 11 a) IOPA of the 21 with a threaded post which appears to be well-aligned in the mesial and distal planes. b) CBCT sagittal view of the same tooth showing the post is misaligned with near palatal perforation. Note the beam-hardening artefact mimicking a fracture line

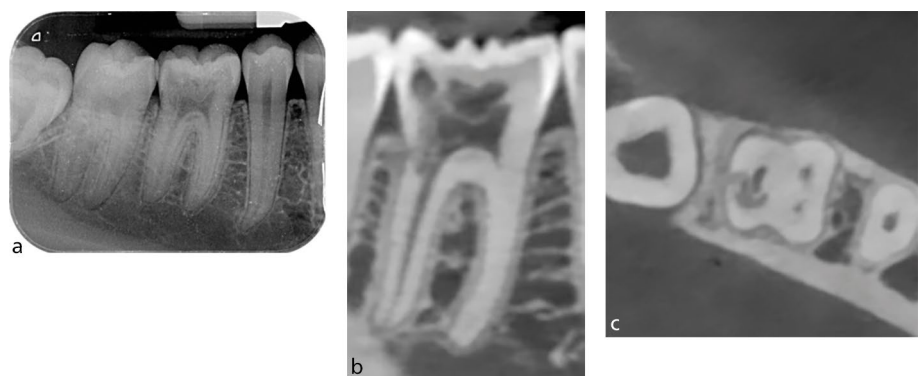


Fig. 12 a) IOPA of the 46 showing signs of ECR. b) Sagittal CBCT section. c) Axial CBCT section of the 46 revealing extensive cervical resorption with portal of entry located in the distal interproximal region. Patel *et al.*¹⁷ classification: 2CP. Surgical access and treatment poses a significant risk to the adjacent tooth and therefore, it was planned for an extraction

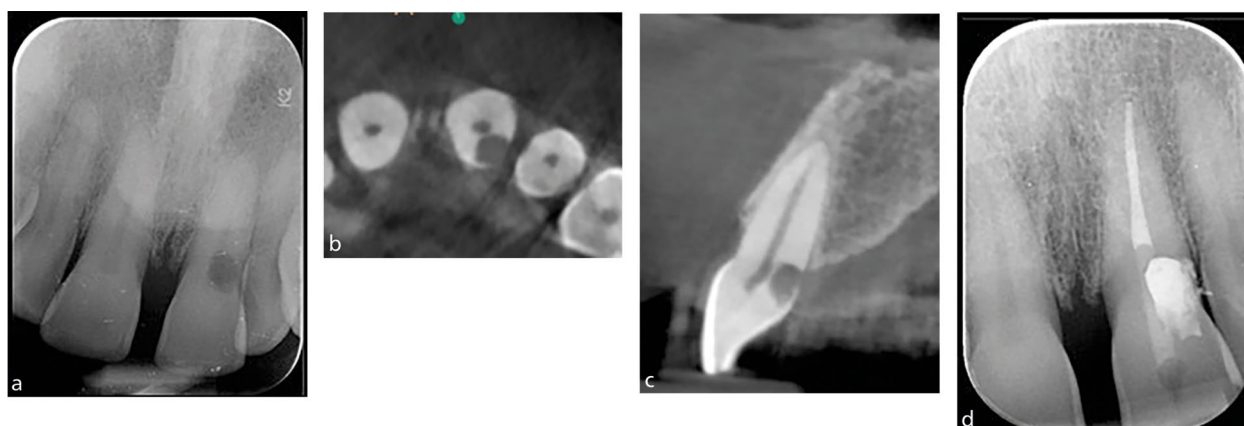


Fig. 13 a) The 21. Resorption detected on IOPA. b) Axial CBCT section showing the extent of circumferential spread. c) CBCT sagittal section reveals the apical extension in relation to the marginal bone, and proximity to the pulp. d) Endodontic treatment and surgical repair of the perforation was completed. Patel *et al.*¹⁷ classification: 2BP

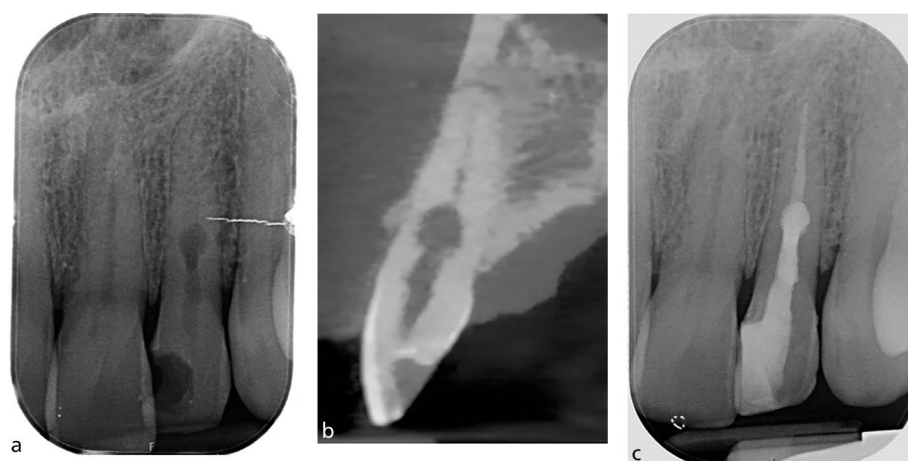


Fig. 14 a) IOPA view of the 22 with internal resorption and artefact evident on film; 'crease'. b) Sagittal view of CBCT section showing the bucco-palatal extent of the lesion and also evidence of canal apical to resorptive lesion. c) IOPA following obturation. Image courtesy of Abdulrahman Mataqi

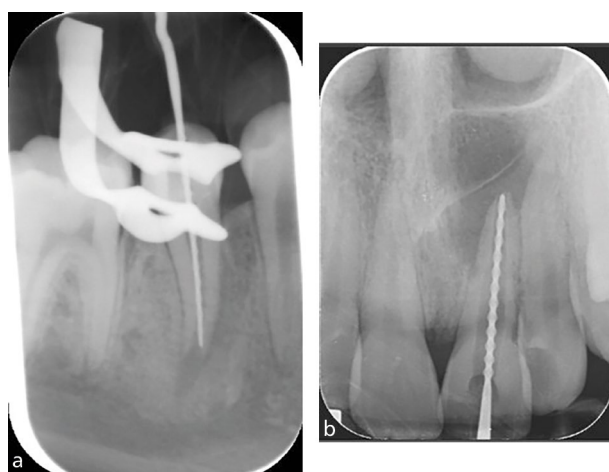


Fig. 15 a, b) Working length determination in teeth with loss of apical constriction due to incomplete root development and external inflammatory resorption

indications. Earlier signs of inflammation associated with endodontic problems are usually seen within the soft tissues and are therefore detected on ddMRI by demonstrating the increase in fluid contents of the tissue.³³ The main drawback with ddMRI will be the time taken for the imaging – currently in the region of 15 minutes per patient – and at this stage, ddMRI will only aid in the treatment planning and follow-up of patients who are commencing or have completed endodontic treatment.

Artificial intelligence (AI) is a powerful tool, already used in endodontics, particularly clinical applications such as interpretation of both 2D and 3D images (detecting apical pathoses, cracks and analysis of complex root anatomy). AI algorithms can also be used to help reduce distortion from, for example, metallic restorations³⁴ and posts on CBCT scans. At present, however, the use of AI tools requires confirmation of findings from a dental professional.³⁵

Conclusions

The use of imaging is an essential component of endodontic diagnosis and management of cases. The limitations of conventional intra-oral radiographs relative to 3D CBCT imaging have been discussed. Although 'small field of view' CBCT is now an important technique in the more complex endodontic cases, conventional radiographs remain the standard method of imaging due to accessibility, have a lower radiation dose, and with modern films, have a higher resolution, which are sufficient for diagnosis and the key stages of endodontic treatment in the majority of cases within general dental practice.

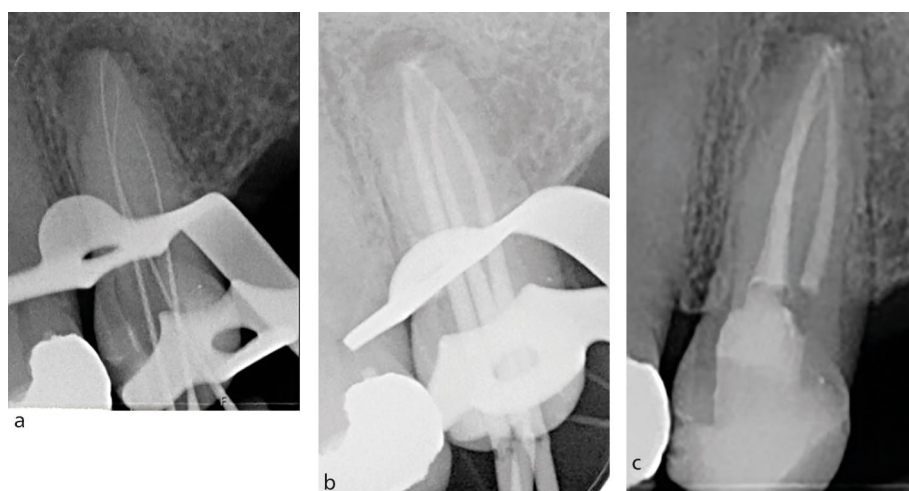


Fig. 16 IOPA of upper left first premolar (24) with complex anatomy; three canals. a) Working length radiograph with three size 10k files *in situ* also confirmed with EAL. b) Cone fit radiograph (F1 ProTaper gold matching cones) used to confirm the lengths before final obturation. c) Final obturation (thermoplasticised technique). Image courtesy of Abdullah Alenezi



Fig. 17 Lower right first molar (46), mesial tube shift allowing visual separation of files in mesial root. Note two different designs of file have been used in the mesial canals to further differentiate between the buccal and lingual canals

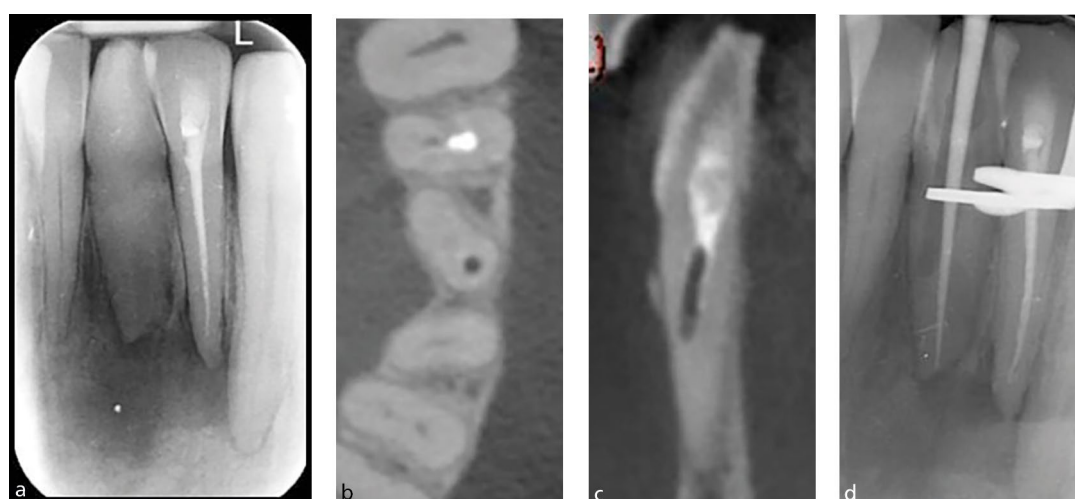


Fig. 18 a) IOPA showing a rotated and calcified 31. Following attempted access and troughing with ultrasonics under a dental microscope, a CBCT was taken. b, c) Axial and sagittal views showing a near perforation. This provided adequate information for the clinician to re-align the access to locate the canal. d) Cone fit IOPA showing the canal was successfully re-negotiated

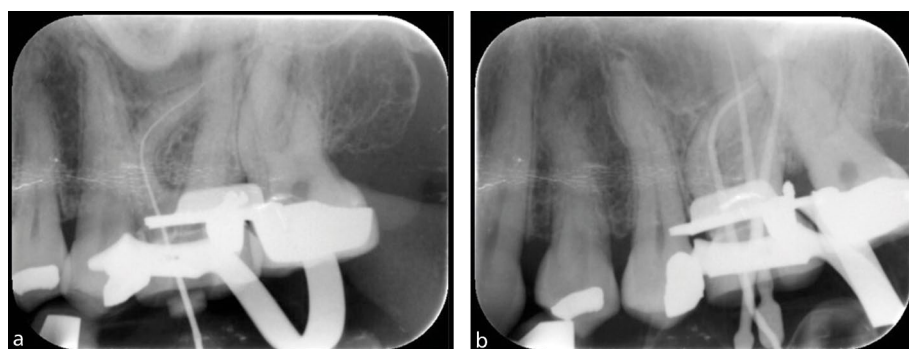


Fig. 19 a) Working length radiograph of first mesiobuccal with severe curvature using a 20k file. b) Subsequent master cone radiograph revealing a strip perforation 'straightening' of the canal following instrumentation with ProTaper Gold F2

Ethics declaration

The authors declare no conflicts of interest.

Author contributions

WS, JD and SAS all contributed to the concept and preparation of this manuscript. WS and SAS contributed the clinical cases and SAS provided the final review and editing.

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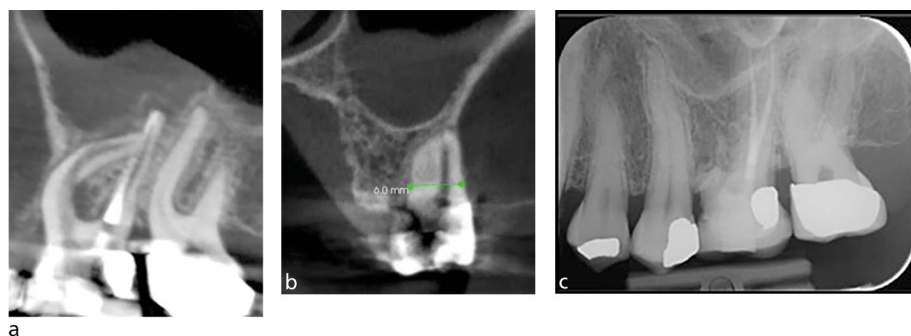


Fig. 20 a) Small FOV CBCT showing curved mesio-buccal root with perforation. The scan reveals the proximity of the sinus, adjacent roots, the amount of bone preparation required to expose the mesio-buccal root. b) Depth of resection required for removal. The root was obturated with biodentine and resected surgically. c) Two-year postoperative IOPA radiograph showing signs of bone regeneration

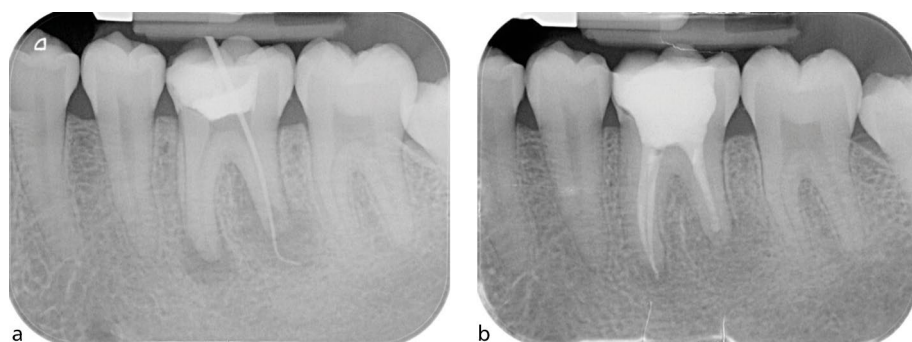


Fig. 21 a) IOPA of lower left first molar (36) with a gutta-percha tracer inserted in buccal sinus. Diagnosis: necrotic pulp, symptomatic chronic apical abscess. Considered a high-complexity endodontic case due to inflammatory resorption of the distal root and loss of apical constriction. Periapical radiolucencies present on both mesial and distal root. b) One-year review following endodontic treatment. The distal canal was obturated with mineral trioxide aggregate due to apical gauge ISO 70. IOPA radiograph exposed reveals signs of regeneration of the peri-radicular tissues. Image courtesy of Abdullah Alnaami

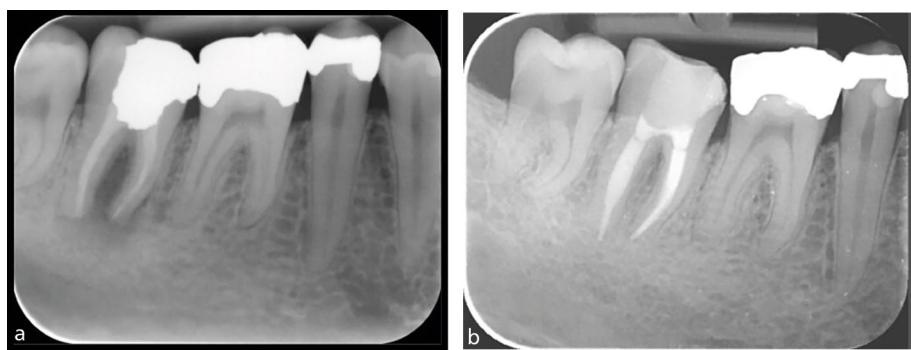


Fig. 22 a) IOPA radiograph revealing periapical lesion extending into the furcation area. b) 12-month follow-up IOPA radiograph revealing complete bone regeneration

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QUESTIONNAIRE

B5(26)

The role of imaging in endodontics

INSTRUCTIONS

- Read through the article and answer the multiple-choice questions provided below.
- There is only ONE correct answer to each question unless otherwise indicated.

Introduction and Standard Imaging

Question 1: What is the most commonly used imaging technique in endodontics?

- A: Cone beam computed tomography (CBCT)
- B: Occlusal radiography
- C: Intra-oral periapical (IOPA) radiography
- D: Magnetic resonance imaging (MRI)

Question 2: What is the purpose of inserting the gutta-percha point, as shown in Figure 1b?

- A: To measure the depth of the pocket
- B: To confirm the vitality of the adjacent tooth
- C: To trace the sinus back to the original source of infection
- D: To assess the angle of the root curvature

Question 3: What are the typical radiographic signs mentioned that indicate apical periodontitis?

- A: A discharging sinus and responsiveness to cold testing
- B: Thickening of the lamina dura and a corticated radiopacity
- C: The presence of a complex anatomical feature, such as a radix molaris
- D: Loss of continuity of the lamina dura and development of a periapical radiolucency

Advanced Imaging (CBCT): Justification and Principles

Question 4: When considering CBCT, the clinician must weigh the benefits against the risks of increased radiation exposure, complying with which principle?

- A: As Low as Reasonably Achievable (ALARA)
- B: European Society of Endodontology (ESE) Guidelines
- C: Level 1 and Level 2 Core Training
- D: ALADAIP (As Low as Diagnostically Acceptable being Indication-orientated and Patient-specific)

Question 5: What did the European Society of Endodontology (ESE) position statement recommend regarding the field of view (FOV) for CBCT in selected cases?

- A: A FOV is only recommended for specialist and hospital settings
- B: A FOV of >10 x 10 cm to capture all surrounding anatomy
- C: A FOV is not specified, but should be as large as possible
- D: A FOV of <5 x 5 cm focused on the area of interest

Question 6: What is a stated advantage of using a small field of view (FOV) for CBCT in endodontics?

- A: It reduces the level of radiation exposure and streak-artefacts
- B: It allows for better visualization of vertical root fractures
- C: It is the only way to detect florid cemento-osseous dysplasia (FCOD)
- D: It eliminates the need for Level 2 operator training

CBCT Applications in Diagnosis

Question 7: The article presents a case of florid cemento-osseous dysplasia (FCOD) (Fig. 5) to make what important clinical point?

- A: FCOD always requires immediate surgical intervention
- B: CBCT imaging is inferior to IOPA for diagnosing FCOD
- C: Radiographic findings must be used in conjunction with clinical examination, as the teeth tested vital
- D: All radiolucencies seen on a radiograph are indicative of necrotic pulp

Question 8: CBCT provides more accurate information than IOPA radiographs in identifying "hidden" anatomy, such as.....?

- A: The apical constriction
- B: The radiographic apex
- C: The lamina dura
- D: Curvatures in the bucco-lingual plane

Question 9: What is the article's position on using CBCT for the routine detection of vertical root fractures (VRFs)?

- A:** CBCT is the gold standard for detecting VRFs as the crack is always visible
- B:** CBCT is advocated for all cases of suspected VRF due to its high diagnostic yield
- C:** There is insufficient evidence to advocate its use, as artefacts may be misinterpreted as fracture lines
- D:** CBCT is useful only if there is no root filling or metallic post present

Radiographs During and After Treatment

Question 10: What is the primary tool used to determine the working length by measuring the distance to the apical constriction?

- A:** A periapical radiograph
- B:** Cone beam computed tomography (CBCT)
- C:** An electronic apex locator (EAL)
- D:** A size 20 gutta-percha point

Question 11: A working length radiograph is recommended in which of the following situations?

- A:** When it is not possible to achieve consistent EAL readings
- B:** In all multirooted teeth, regardless of EAL readings
- C:** When the patient has a limited opening
- D:** When using solid-state digital sensors

Question 12: CBCT is particularly useful in planning complex surgical cases for all the following reasons, EXCEPT

- A:** Identifying the proximity of roots to the maxillary sinus
- B:** Targeting specific roots affected with periapical periodontitis
- C:** Preventing beam-hardening artefacts from metallic posts
- D:** Visualizing the proximity of roots to the mental foramen

Question 13: What is the European Society of Endodontology (ESE) recommendation for radiographic follow-up after root canal treatment?

- A:** An IOPA is taken annually until complete healing, or up to four years for persistent lesions
- B:** A CBCT scan should be taken at 6 months and 12 months to confirm healing
- C:** No follow-up radiographs are needed if the patient is asymptomatic
- D:** An IOPA is taken only if symptoms persist

Future Directions and Conclusion

Question 14: TRUE or FALSE: The article advocates for the routine use of CBCT for monitoring treatment outcomes because it is twice as likely to detect periapical lesions as IOPA radiographs.

- A:** TRUE
- B:** FALSE

Question 15: The article concludes that conventional radiographs (IOPA) remain the standard method of imaging in general dental practice because they

- A:** Are better at detecting complex "hidden" anatomy than CBCT
- B:** Represent the only method suitable for surgical planning
- C:** Have completely replaced the need for CBCT in specialist settings
- D:** Are sufficient for diagnosis and key treatment stages in the majority of cases

THE END



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ANSWER SHEET

B5(26)

The role of imaging in endodontics

*Time spent on activity						hour		min				
	A	B	C	D	E		A	B	C	D	E	
1						8						
2						9						
3						10						
4						11						
5						12						
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